

The Vibroacoustic Home Study Training Course® announces new graduate

by Sarajane Williams

Cathleen Kuras of Billings, Montana recently became a vibroacoustic harp therapy practitioner. She completed her practicum under the supervision of Mary Stevens in Havre, Montana.

Cathleen followed up with this story: "After completing the practicum I had a friend stop by that was visiting from out of state. She's had health issues and medical treatments this past year.

I gave her a sample VAHT session and within five minutes she experienced a release of tears and sobbing. Her whole body erupted with emotion. I asked if she wanted to continue and she said "Yes, it's so beautiful!" After another five minutes she was calmer.

After the session was complete, she shared that the pain in her body was gone and that she felt more at peace with her health issues. She ended with wanting to buy two gift certificates for friends.

I'm so grateful to be introduced to this gentle, yet powerful tool for healing!" ♥

VAHT and warts? Why not!

by Laurence Marie, B. Mus., CTHP, VAHTP

A mother, who had been a client of mine, asked me if I treated warts with Vibroacoustic Harp Therapy (VAHT)? I told her I had never had the opportunity but was willing to try.


Her 12-year-old son had been plagued with 'zillions' of warts on the palms of his hands since he was six years old. He tried many different treatments but obviously, none had worked. Now age 12, he was increasingly self-conscious of the warts.

We scheduled an appointment for Jason, a nice young, chatty, funny lad. He laid on the mat. Once the questionnaires were out of the way and the session began, he fell into a deep sleep. It took 15 minutes for me to wake him up when the session was over! A little disoriented when he woke up, he made another appointment for a week later. He was so excited when he came for his second session: his left hand was clear of warts and the right hand only had a few! We scheduled another appointment two weeks later. By then there was only one wart left on his right hand ... none had reappeared on his left hand! We made his fourth appointment, for good measure, a month later. By then, both hands were clear. This was two-and-a-half years ago. The warts never returned! Jason was one happy little fellow! To give you a sense of his humor, he said to me: "this is an expensive way to get a good nap!" He had fallen deeply asleep each time.

So what happened? Did I magically hit the frequencies of the warts and destroyed them? Maybe ... I do believe all ailments from the small c (colds) to the big C (cancer) have an unresolved emotional issue at the root. Just like in any other case, the emotion or emotional residues were dissipated by VAHT and the warts were no longer needed as a physical manifestation. No need to know what the emotional trigger was, it's gone!

Nevertheless, thinking of this little boy and his warts still makes me chuckle. ♥

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